

# Wild Women On Top Sydney Coastrek

## Terms and Conditions

Yep, the details that matter - take note :-)

(Definitions: **WWOT** = Wild Women On Top; **TFHF** = The Fred Hollows Foundation; **Coastrek** = Sydney Coastrek; **Coastrekkers** = You and your team, i.e. registered participants in the Sydney Coastrek)

On registering to participate in Sydney Coastrek you agree to abide by these Sydney Coastrek Terms and Conditions and accept the Risk Waiver before participating.

## Fees

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Current Coastrek fees are published at [www.sydney.coastrek.com.au](http://www.sydney.coastrek.com.au)

Registration fees for Coastrek are non-refundable, non-tax deductible and must be paid at the time of registering to participate in Coastrek.

## Postponement or Cancellation of Coastrek

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WWOT may, at its option, cancel your Coastrek participation if you:

- breach these Terms and Conditions;
- behave in a way that is a risk to you or others;
- behave in a way that is inappropriate or offensive or in breach of the law;
- use illegal or performance enhancing drugs when undertaking any activity with WWOT;
- fail to accept the terms of the Risk Waiver before participating.

## Inclement weather or other conditions

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Coastrek will operate regardless of weather conditions, except in the case of lightning or electrical storms, or where deemed unsafe by the event organiser or if for any reason conditions are such that WWOT's insurance would be void or voided for the activity. WWOT may choose a suitable alternate venue or route. The route or venue may not be the same as proposed if it is deemed unsafe but WWOT and its staff will use their reasonable endeavours to find a suitable substitute.

## Acceptance of Risk

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Part of the appeal of Coastrek is that it operates in unpredictable environments. It is by nature challenging and demanding. As part of your participation in this event, you agree to accept the inherent risks and dangers associated with Coastrek and the accompanying risk of injury, death or property loss or damage. WWOT strongly advises all trekkers to ensure that they have appropriate insurance and Ambulance Cover for any loss, damage or injury that may arise out of or in connection with participating in Coastrek and, in particular, for emergencies.

You must at all times indemnify WWOT and hold WWOT and its officers, employees and agents harmless from and against all actions, claims, charges, costs, expenses, losses, damages and other liability arising out of or otherwise in connection with any wilful, unlawful or negligent conduct of you in connection with your participation in Coastrek.

## Conservation

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Coastrek supports the conservation of our coastline. Please DO NOT walk on sand dunes or vegetation. We recommend Coastrekkers use rubber stoppers on their Trekking Poles.

## Click the links below to move to the relevant section:

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**Registration:** Yawn – Boring but essential reading :-)

**Transfer of Team Registration**

**The Event:** Fun, Friends and Fitness for YOU :-)

**Support Crew:** Be really nice to these Fairy Godmothers/fathers - they are your Angels.

**The Route:** How not to get lost :-)

**Safety:** This is the MOST important bit! :-)

**Fundraising:** Your chance to transform lives by helping to restore sight :-)

**Post Event:** Finding out how awesome you are :-)

**Coastrek Awards: Celebrate** good times :-)

## Registration: Yawn - Boring but essential reading :-)

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1. **Register online from Thursday 1 September 2016, 10am until close of registration.** All team members must be **18 years old or over.**
2. The team captain registers the team and nominates 3 other team members. The captain and each team member must then pay a **non-refundable, non-tax-deductible** individual registration fee each. **The registration fee does not apply toward your fundraising commitment.** As per the terms and conditions set out here, **the team captain commits to paying the FULL team entry fee if any of the team members fail to complete their registration and make payment by a specified date. This is 2 weeks from the date that the initial registration is logged by the team captain. An email reminder will be sent to the team captain prior to this fee being charged to the team captain's credit card. Your registration fee is not-refundable, regardless of circumstance, nor do we issue partial refunds.**
3. **Team member changes:** You can change your team members via **Trekker Login'** up until **15 March 2017.** However this is arranged by you and you must collect any agreed fees from the person directly, not via the event organiser. Any changes on event day must be reported to staff at the "Team Change Desk" at registration. No team member substitutions will be allowed during the event. **ALL team members MUST have accepted a Risk Waiver and each team MUST start with four registered team members.**

## Transfer of Team Registration

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4. Your Coastrek registration fee is non-refundable but you can transfer your team registration to another team prior to **5pm, 24 February 2017.** **Note:** that this is arranged by you and does not involve the Coastrek event organisers or the event waitlist (i.e. you must find and be in contact with the new Team Captain yourself and complete the transfer between yourselves.
5. You must inform the new team captain that the team transfer is not completed until they have registered the new team by contacting Coastrek HQ to receive their new registration details. **Note:** A **\$50 administration fee** will be payable for this new registration by the new team. Please inform the new team captain that the new team is required to fundraise the minimum \$2,000 for The Fred Hollows Foundation. Your fundraising cannot be refunded nor transferred to the new team. **No team transfers are allowed after Friday 24 February 2017.**

# The Event: Fun, Friends and Fitness for YOU :-)

6. Sydney Coastrek offers two great team events. All teams must include at least 50% women:

Event: 4 Trekkers as a United Team	Route	Time Limit
30km Event	Bradfield Park, Kirribilli to Bondi	10 hours
60km Event	Manly to Bondi	18 hours

7. You must start and finish with the **same 4 trekkers** and stay together as a team, following the Coastrek route - see the maps and track notes for details.

8. If you DON'T follow the route as outlined in the course maps along the purple line your team will **not** be included in the official results. But you can still finish.

9. Your team must **'check-in' together at all Luv ♥ Stops (aka Checkpoints) and Kiss Stop**, to be eligible for official placing and prizes. **All 4 team members must simultaneously present themselves to the check-in desks/ cross the Timing Strip, whichever is applicable on Event Day.**

10. Each member of your team will have a timing chip on the back of their bib linked to your designated start time. If you start in an earlier wave on Event Day you will not be eligible for a result at the finish. The chip will automatically record the time you cross the finish line. The team time will also be taken at the Luv ♥ Stops along the way. Each team member must check in at all Luv ♥ Stops and Kiss Stop. This information is important as it allows event organisers to track your progress.

11. The Luv ♥ Stops have closing times. If your team doesn't reach a specific Luv ♥ Stop before **closing time** (see below), we will be gone, and you will be required to withdraw from the event. Closing times are as follows:

Stop	60km Event	30km Event
Balmoral: 19km	6 hours from start time	n/a
Bradfield Park, Kirribilli: 30km	9 hours from start time	Start line
Lyne Park, Rose Bay: 42.1/12.1km	12.5 hours from start time	4 hours from start time
Christison Park, Vaucluse (KISS Stop): 54.6/24.6km	16.3 hours from start time	8.2 hours from start time
Bondi: 60/30km	18 hours from start time	10 hours from start time

12. You must agree to the "Leave NO Trace" principles of bushwalking, carrying all rubbish out with you - or depositing it at the recycling and rubbish bins at the Luv ♥ Stops.

13. You must be whisper quiet when passing through residential areas, particularly at night time or early morning please.

## Support Crew: Be really nice to these Fairy Godmothers/fathers - they are your Angels.

14. 60km Trekkers are seriously encouraged to have a friendly loving Support Crew on call for the entire event, and you should call on this crew to assist you if there is a safety issue. It is optional for 30km Trekkers, but highly recommended.

15. **Invite your Support Crew** to meet you along the route, as long as it is safe. (Certain checkpoints may not be open to support crew due to restricted access). These angels can provide shelter, food, water, basic First Aid, or any other assistance you require, but you (Coastrekkers) must remain within 200m of the designated route to receive Support Crew assistance.

16. Your Support Crew must NOT transport you (Coastrekkers) **during** the event, except in a medical emergency. Failure to abide by this rule will result in immediate disqualification of the entire team.

18. Your Support Crew must comply with all instructions from event staff. However, the event organisers are not responsible for the safety or whereabouts of Support Crew. If your Support Crew breaches these Terms you may be penalised or disqualified, so please make sure you pick a good crew.

19. Support Crews must obey all road rules and drive within the speed limits. Please advise them to get sufficient rest so they are not tired when driving.

## The Route: How not to get lost :-)

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20. Course maps are available online for downloading to smart phones or printing via the relevant Coastrek website.

21. **The course will be marked on Event Day as best as possible.** However, it is still worthwhile practicing the route in advance, particularly the sections you will be walking in the dark. For your own safety, you should take a compass for bush sections during training. **Note:** This route is on coastal tracks and suburban bush. It is NOT remote and navigation is not difficult. The Track Notes provide detailed descriptions of the route. You will also be required to have at least one copy of the map book per team on event day.

## Safety: This is the MOST important bit! :-)

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22. So we can help take good care of you, you **MUST** contact the Coastrek Headquarters (contact number will be on your bib) immediately if the whole team is withdrawing. If an individual withdraws from the team this is to be reported at the next Luv ♥ Stop or Finish, whichever is next. Failure to do so means your team is not eligible for an official placing in the results and we will send out a search party for you, which could be embarrassing. If a team member gets injured, take them to the nearest hospital or to an open Luv ♥ Stop if they need First Aid. If a team member cannot be moved, one person must stay with them while another goes for help.

23. **In case of emergency (e.g. serious injury, breathing difficulty, bush fire) you must call 000.** If you have a non-urgent medical issue, please contact the First Aid Team (contact number will be on your bib) and they will assist.

24. If your **team is reduced to one** during the **day**, they must link up with another team and walk with at least one other registered Coastrekker, for safety purposes. If your team is reduced to **two or less** at **night** they must link up with another team and walk with at least two other registered trekkers.

25. You should not **cross any water crossings** if the water is more than knee deep. Coastrek will re-route the course if the tide makes crossings dangerous, but if you don't feel safe, please seek an alternate route. You must take particular care near any surf zones.

26. All teams **MUST wear the Coastrek event bibs, visible from the front**, for the duration of the event and use head torches in the dark. All trekkers are to wear a **Hi Vis Vest with reflective strips**, when crossing and walking along roads and road reserves and in the dark. **You MUST also carry mobile phones and maps** (a map case/large zip lock bag is recommended for carrying your maps, especially in wet weather). PLEASE NOTE: There may be periods along the route where mobile phone coverage is weak or non-existent.

27. Your team should carry its own First Aid Kit including, but not limited to: a triangular bandage, a pressure bandage, a space blanket, Band-Aids and blister protection tape. You should also carry a personal first aid kit including Band-Aids, blister tape and any personal medication required such as Panadol.

28. You should carry a small day pack and aim to be self-sufficient for the duration of the event, topping up food and water en-route as required. Make sure you have plenty of water. **You MUST be able to carry a minimum of 2 litres.** You may also purchase refreshments en-route (during normal business hours) but may not detour from the route by more than 200m at any time.

29. We recommend that all Coastrekkers have Ambulance Cover in case of emergency. **Wild Women On Top Coastrek has public liability insurance cover for the event. This does not include Personal Accident Insurance for entrants.** We recommend that you arrange your own Personal Accident Insurance cover before participating in the Event to cover any unforeseen personal costs you may incur.

30. You understand and accept that the medical history and personal information collected as part of the registration process for this event will be collected, stored securely and will be made available to the event medical and first aid staff. It will only be used to help staff look after you if you need help and care. Some of this information might be passed to event organisers who may need some of the information to assist with your care and evacuation. If you are evacuated from the event by Emergency Services a copy of your background information plus any new data entered by event staff will be supplied to the Emergency Services staff to enable your continued care.

31. If WWOT, the event organisers, deem the course unsafe (for example by reason of heavy rain, high winds, bushfires, 'acts of god') we may, at our sole discretion, re-route the course, find an alternative shortened course or cancel the event. Organisers also reserve the right to cancel the event for any other reason which may include but is not limited to terrorism or war.

32. If the event is cancelled, re-routed or shortened, no refund of registration fees, fundraising monies or transfer to another event will be made. Due to the scale of the event, the bureaucratic complications and travel and commitment involved by competitors and volunteers, the event will not be re-scheduled to any other date.

33. While every effort has been made to make Sydney Coastrek safe for trekkers on or near roads, all normal Roads and Maritime Services (RMS) pedestrian road rules apply. Please use your common sense and always use a footpath if one is available. Refer to the RMS website for their guidelines - <http://roadsafety.transport.nsw.gov.au/stayingsafe/pedestrians/tips/index.html>

## Fundraising: Your chance to transform lives by helping to restore sight :-)

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34. Each team commits to raise a **minimum total of \$2,000** for The Fred Hollows Foundation. This money is donated on-line by your sponsors and supporters and is non-refundable in case a team member or whole team withdraws from the event. All on-line donations will be issued with a tax deductible receipt by email.

35. The **team captain** is responsible for encouraging all team members to assist in raising the minimum fundraising amount of \$2,000 per team.

36. **Prizes** will be awarded to the top fundraising teams. All donations must be received by midnight on Tally Day, Sunday 26 March 2017, to be counted towards the team's final total.

37. Individual team members may be ineligible to enter future Coastrek events if their team does not meet the minimum fundraising target of \$2,000 per team.

38. You give permission to both Wild Women On Top and The Fred Hollows Foundation to have your team name displayed on the Coastrek Fundraising Leader board in the Top 100 teams.

39. You give permission to have the public easily search for and sponsor you and/or your team.

40. You agree to have your personal details passed on to The Fred Hollows Foundation during the registration process, for the purpose of fundraising.

41. All fundraising for Coastrek is conducted on the basis of The Fred Hollows Foundation's authority to fundraise. You agree to be bound by the relevant state fundraising legislation and to abide by [The Fred Hollows Foundation's Fundraising Guidelines](#).

42. The Foundation may at any time and without need to give reasons, withdraw your authority to fundraise by notification in writing. In this situation all fundraising must cease immediately and all fundraising monies be remitted to The Fred Hollows Foundation within seven days.

43. The Fred Hollows Foundation does NOT give permission for fundraisers to engage in events and activities that: (i) involve telemarketing, door knocking, collection tins or buckets, or soliciting donations from occupants of vehicles or in public places such as shopping centres; (ii) involve the sale or promotion of tobacco products or illegal drugs, or that are in any way connected with illegal activity; (iii) where alcohol is being served, do not promote the responsible service of alcohol; and (iv) are in any way connected with terrorism, the use of landmines or money laundering.

44. All cash donations received in person must be 'paid in' through the individual or team on-line fundraising account within two weeks of having received them and no later than midnight on Tally Day, Sunday 26 March 2017, to be counted towards the team's final total for the fundraising awards prize.

45. The Fred Hollows Foundation will not issue refunds to donors where the participant they have sponsored has withdrawn from the event for any reason. Any funds collected by a withdrawing participant will be allocated to the fundraising total of the team of the withdrawing participant. Participants that cancel from the event are obliged by law to forward any off-line funds raised to The Fred Hollows Foundation within 7 days of withdrawing from the event.

## Post Event: Finding out how awesome you are :-)

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46. Official results will be published the week following the event. If you want to challenge the final event results for any reason, you may only do this **in writing to the event organisers** - Wild Women On Top - in the 3 days after the event. Please note this is a charity event and we rely on the integrity of each team to complete the route as marked.

47. You agree to allow your photograph, video, multimedia or film likeness and or name to be used for any legitimate purpose by Wild Women On Top and The Fred Hollows Foundation without payment, or compensation including on social media, for marketing, website and PR to inspire others. If you disagree, please advise Coastrek in writing.

## Coastrek Awards: Celebrate good times :-)

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48. Donations must be received by The Fred Hollows Foundation by **midnight on Tally Day, Sunday 26 March 2017**, to be counted towards your team's final total for the fundraising awards. The top fundraising teams will be notified by phone and email.

49. Prizes awarded to top fundraising teams are not transferable, exchangeable or redeemable for cash. If your prize item is unavailable, Wild Women On Top and The Fred Hollows Foundation reserve the right to substitute a prize item of equal value. Any taxes (other than GST, if any) which may be payable as a consequence of a winning team receiving a prize are the sole responsibility of the winners.

50. If a top fundraising team is ineligible to receive a prize, the next eligible team will be awarded.

51. Travel dates for any prizes are contingent on the availability stipulated by the third party provider. If the prize is not able to be redeemed within this time, Wild Women On Top and The Fred Hollows Foundation must be contacted as soon as practically possible. In the event of a no-show, the ticket/s may not be changed or reissued. Ticket/s cannot be used in conjunction with any other discounts or special offers.

52. Employees and the immediate families of Wild Women On Top and The Fred Hollows Foundation are not eligible to receive fundraising prizes.